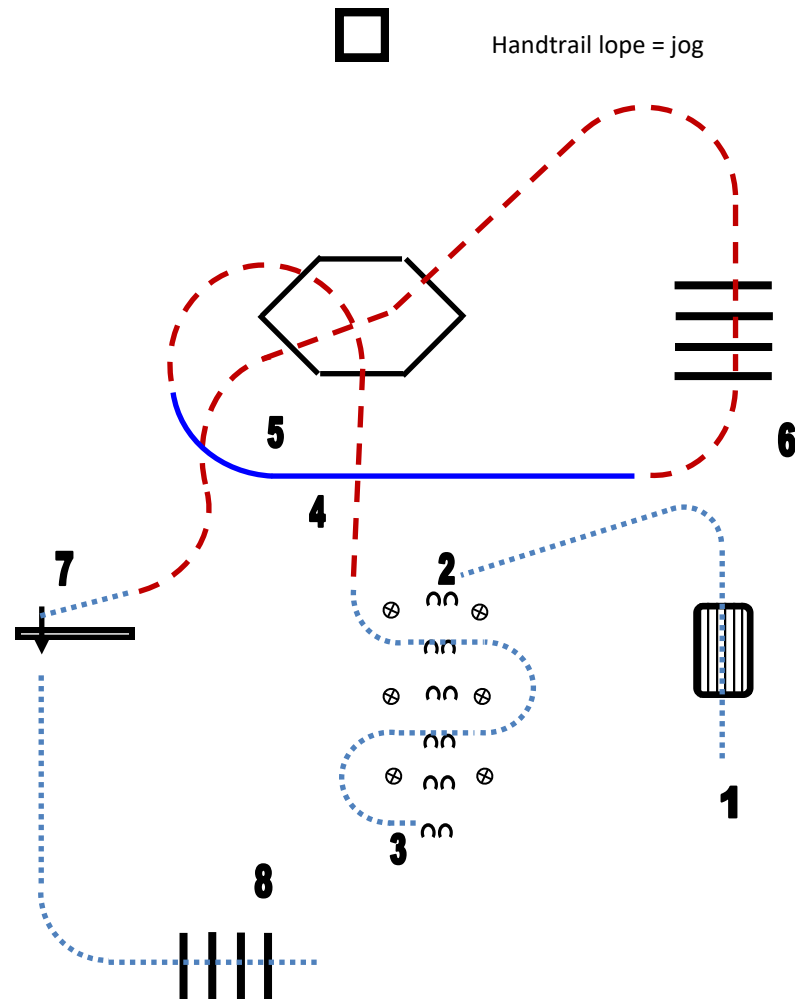




Class 03_04_05 - Handtrail Novice + Trail Novice C & W - 24.8.2023



-
1. walk over bridge
 2. back up
 3. walk through
 4. jog over, lope/jog right lead
 5. lope right lead/jog over (HT)
 6. jog over
 7. open rope gate left hand
 8. walk over poles